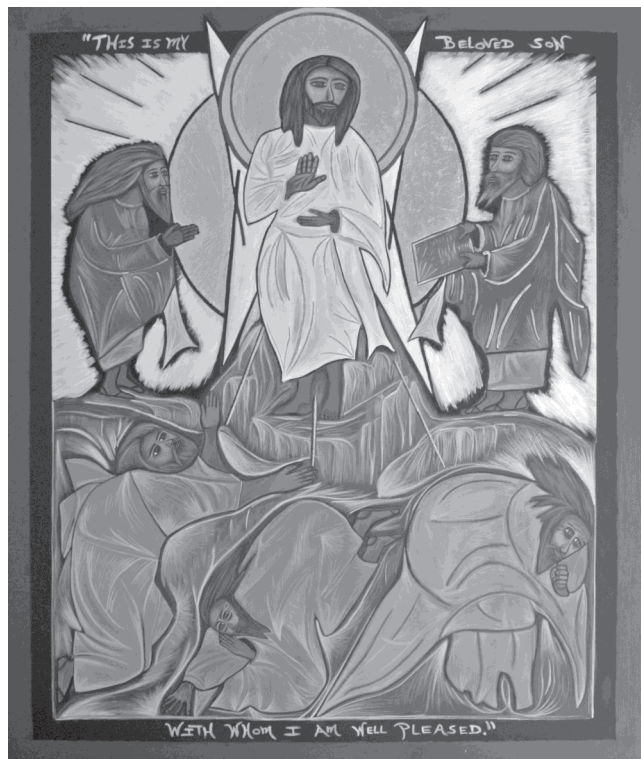


# Transfiguration Parish



## MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

## LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:		4:30 p.m.
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

## SACRAMENTAL CELEBRATIONS

**Sacrament of Reconciliation:** By Appointment

**Sacrament of Baptism:** Usually first Sunday of the month. Please call the church office to make arrangements.

**Sacrament of Marriage:** Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

**50 Hillview Drive  
Speigletown, Troy, NY 12182**

**Administrative Offices**

Office Hours: Monday thru Friday - 9:00 a.m. - 2:00 p.m.

Phone: 518-235-0337 Fax: 518-235-8726

**17 South Main Street  
Schaghticoke, NY 12154**

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.

Phone: 518-753-4554 Fax: 518-753-0456

**Deacon Chris Keough** - Parish Life Director  
Deacon\_Chris@transfigurationparish.net

**Fr. Dominic Ingemie** - Sacramental Minister  
dingemie1@nycap.rr.com

**Deacon Charles Valenti** - Parish Deacon  
Deacon\_Charlie@transfigurationparish.net.

## EMAIL CONTACTS

**General Office Inquiries:**

general\_office@transfigurationparish.net

**Office Support:**

Mary Clemente

M.Clemente@transfigurationparish.net

Bonnie Coraldi

B.Coraldi@transfigurationparish.net

**Bulletin:**

M.Hurley@transfigurationparish.net

**Baptismal Preparation:**

Call the church offices for more information.

**Director of Religious Education:**

E.Thayer@transfigurationparish.net

**Parish Nursing and Pastoral Care:**

P.Hebert@transfigurationparish.net

**Special Activities and Fundraising:**

E.DeBonis@transfigurationparish.net

*From the Desk of Deacon Chris....***LET'S TAKE BACK SUNDAY!**

Every Sunday after the 10:15 Mass, I bring Holy Communion to a parishioner who is homebound, and not able to attend Mass. It is a great honor and blessing for me to do this each week. On this past Sunday, I left the driveway headed to Hansen Road only to be held up by a long line of cars waiting to turn onto Route 40. There must have been 20 cars lined up, and they were coming from Hilltop Bowl! Now it is possible that people chose to go to the Vigil Mass, or an earlier Sunday Mass, but I had to wonder how many of those people chose to not go to Mass at all. Instead, they chose to go bowling.

I have nothing against bowling at all. In fact, I enjoy most sports, as I have mentioned on several occasions. Still, I have to say that the Ten Commandments have been with us for thousands of years, and the Fourth Commandment still states, *"Keep Holy the Lord's Day."* When I was growing up some fifty years ago, the Lord's Day was sacred. On Sunday mornings you went to Mass together as a family. I know the Ten Commandments have not changed, but it sure seems our society has changed to the point where attending Holy Eucharist on Sunday is not a priority in people's lives. So I say, **"Let's Take Back Sunday!"**

While I'm at it, I want to make another point which involves our youth and their parents. Youth today are fortunate to have so many activities available to them. I am all for that except for when practices or games are scheduled for Sundays, and force our youth to have to make a choice between Mass and religious education, and the activity. Forcing our young people to make a choice is not fair to them. Parents, you have to change this! Go to your school administrators, coaches, and athletic directors, and stand up for your children and your faith. If practices and games have to be scheduled on Sunday, (which I don't believe they do), demand that they be scheduled around Mass times and Religious Education times. It can be done.

Let me share this with you. My best friend and I coached boys high school basketball together for six years or so. We had some very good teams, and even had an undefeated team one year. During that time, we won three state championships, and were always title contenders. And guess what? **We never practiced on Sundays!**

The Ten Commandments are never going to change, but our society can. Let's be proud to be Catholics, and return to where every Sunday is a Holy Day of Obligation, a day where attending Holy Eucharist is the single most important thing we do. We can do it! **Let's Take Back Sunday!** God bless.

*Deacon Chris*

**ACCESS THE BULLETIN  
VIA OUR WEBSITE**

The Transfiguration Parish website has been upgraded and has a 'new' look, with direct links to video, Facebook and much more. The weekly bulletin continues to be available to read and refer to each week. We invite everyone to visit the website at [www.transfigurationparish.net](http://www.transfigurationparish.net) and then type into the search bar "Bulletin". Like us on Facebook.

***Mass Schedule & Intentions*****Saturday February 27**

4:30 p.m. Sch	<b>Brigitte McNiece Joan O'Hearn Patricia Rospo</b>	The Bell Family The Family Dot Jackuback
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**Sunday February 28**

8:30 a.m. Sch	<b>Flora Cukrovany Barney Cukrovany</b>	Janet Osborn Janet Osborn
10:15 a.m. Spe	<b>Gloria Sullivan Carol Murray Marianne Martin J. Michael Harrison  Patricia Harrison-Stampfli</b>	2 x 2 Ladies The Family Kay Lanoue Walt and Paula Moran Walt and Paula Moran

**Tues. March 1**

9:00 a.m. Sch	<b>Communion Service</b>	
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**Thurs. March 3**

9:00 a.m. Spe	<b>Communion Service</b>	
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**Saturday March 5**

4:30 p.m. Spe	<b>Gloria Sullivan  Winkie Somnitz  Madison Marie Tweed Edward Whinnery</b>	Peggy Parnell and Family George & Jane Somnitz Ellen Gordon The Family
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**Sunday March 6**

8:30 a.m. Sch	<b>For the Parishioners</b>	
10:15 a.m. Spe	<b>Bob Sedlak Marian Delory  Antonia Argay</b>	The Family Dave and Rita Duncan Walt and Paula Moran

**BRING A FRIEND TO MASS**

We all know someone who has mostly stopped going to Sunday Mass for one reason or another. Perhaps they are a family member or a friend. We make no judgements on why they are not going to Mass, but **We Want to Invite Them to Return!** So, for the weekend Masses on March 5 & 6 we are asking everyone to, **"Bring a Friend to Mass."** The Mass schedule will be the same as usual:

Saturday, March 5 @ 4:30 pm in Speigletown  
Sunday, March 6 @ 8:30 am in Schaghticoke  
Sunday, March 6 @ 10:15 am in Speigletown

During this Season of Lent, let's reach out to our friends, and invite them to join us for our Eucharistic Celebration. There will be a reception with light refreshments after every Mass.

**You can make a difference!**

**BRING A FRIEND TO MASS!**

## This Week's Parish Announcements

### LENTEN BIBLE STUDY

Transfiguration Parish will offer a Lenten Bible Study series. The Bible Study Program will focus on the Gospel of Luke, and will be facilitated by Mr. Hugh Graber. Sessions will be interactive in nature, and will last one hour. There will be day and evening sessions allowing participants to choose the time that is most suitable. Topics will include the parables and teachings of Jesus, as well as Luke's Passion Narrative. Participants should bring a Bible to each session. Interested parties can sign up by calling the parish offices at 518-235-0337 or 518-753-4554. Registrants can also email Deacon Chris Keough at [chris\\_keough@transfigurationparish.net](mailto:chris_keough@transfigurationparish.net) or Hugh Graber at [hgraber1@nycap.rr.com](mailto:hgraber1@nycap.rr.com). All sessions will be held in the Speigletown Chapel on the following dates and times:

#### Session 3

**Wednesday, Mar. 2, 2016 @ 10:30 AM**

**Wednesday, March 2, 2016 @ 7:00 PM**

#### Session 4

**Wednesday, Mar. 9, 2016 @ 10:30 AM**

**Wednesday, March 9, 2016 @ 7:00 PM**

### LENTEN EVENTS Transfiguration Parish

#### Communal Penitential Services

Wednesday, March 16, 2016 - 3:00  
at Our Lady of Victory, Troy

Wednesday, March 16, 2016 - 7:00  
at the Speigletown Site

#### Stations of the Cross - Good Friday

Friday, March 25, 2016 - 3:00 pm  
in Schaghticoke

### HOLY WEEK

#### Palm Sunday

**Saturday, March 19 @ 4:30 PM in Speigletown**  
**Sunday, March 20 @ 8:30 AM in Schaghticoke**  
**Sunday, March 20 @ 10:15 AM in Speigletown**

We remember Jesus' triumphant entry into Jerusalem with the blessing of palms. At Eucharist, we hear the narrative of the Passion of Jesus from the Gospel of Luke.

#### Tenebrae Service – Wednesday, March 23 **7:00 PM in Speigletown**

Join us for this prayerful Service of Shadows. There will be a series of scripture readings followed by songs led by "Harmony of Faith" as the church gradually goes from full light to total darkness as candles are extinguished and lights lowered.

#### Holy Thursday – Thursday, March 24

**7:00 PM in Schaghticoke**

We will remember Jesus washing his disciples' feet and the institution of The Holy Eucharist at the Last Supper. There will be a candlelit procession of the Blessed Sacrament to the church hall for adoration until 10:00 PM.

#### Good Friday – Friday, March 25

**Stations of the Cross @ 3:00 PM in Schaghticoke**  
**Good Friday Service @ 7:00 PM in Speigletown**

#### TRANSFIGURATION PARISH NURSE PROGRAM

*Pat Hebert, RN, MA, Faith Community Nurse*

(518) 753-4554, ext. 13      [p.hebert@transfigurationparish.net](mailto:p.hebert@transfigurationparish.net)

*Our mission is to model the healing ministry of Jesus Christ.*

*Our Goal is to promote health & wellness within the values, beliefs, practices of our faith community.*

#### ***Nurses' Note:***

***More Volunteers are still needed for "Two by Two", the Transfiguration Parish Faith in Action Team.*** Join your fellow parishioners on this team that provides non-medical support and friendship to someone caring for a family member with dementia/Alzheimer. All volunteers are offered training and continued support. By belonging to this team you only give the time you can when you can because there are several of you to share the role of helping. **To receive more information, contact Pat Hebert @ 692-2135.**

***Health Tips: Chill out! A new remedy for hot flashes is right under your nose.*** Feeling like a human inferno these days? For a hot-flash remedy that's supremely safe, readily accessible, and free, take a deep breath. And another one. Practicing what's called paced breathing — slow, deliberate, deep breathing — for 15 minutes twice a day may reduce both the intensity and frequency of hot flashes. To practice paced breathing, set a timer for 15 minutes. Lie on your back and make yourself comfortable. Slowly start to relax the muscles in your legs, hips, belly, chest, arms and neck. Start to bring attention to your breath, feeling yourself relax from the inside out. As you relax, inhale and allow your belly to rise; then slowly exhale and allow your belly to fall. Notice the pace of your breath slowing as you relax. Continue until the timer rings. Other natural strategies that may squelch the flames of hot flashes include: acupuncture, caffeine reduction, and mindfulness meditation. <http://www.clevelandclinicwellness.com>

### Tickets for the 2016-2017 Season PROCTOR'S THEATER IN SCHENECTADY

Please join us for:

**An American in Paris**  
**October 16, 2016 - \$62.00 per ticket**

**The Sound of Music**  
**April 9, 2017 - \$70.00 per ticket**

**Beautiful - The Carol King Musical**  
**April 14, 2017 - \$75.00 per ticket**

Contact Ellie DeBonis at the church office 235-0337 or [E.Debonis@transfigurationparish.net](mailto:E.Debonis@transfigurationparish.net) for more information. Please be prepared to make a 50% deposit on your ticket purchase at the time of your request for tickets.

#### Easter Vigil – Saturday, March 26 @ 8:00 PM in Schaghticoke

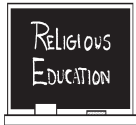
We will gather to celebrate Jesus' Resurrection. The church will transform from darkness to light with the blessing of fire and procession with the Paschal Candle. We will bless water, renew our baptismal promises, and initiate our catechumens into full union with the Church. Join us for this most holy celebration of the Church year.

#### Easter Sunday – The Resurrection of the Lord

**Sunday, March 27 @ 8:30 AM in Schaghticoke**  
**Sunday, March 27 @ 10:15 AM in Speigletown**



## Transfiguration Parish



**February 28th** all sessions will gather for 10:15 Mass in Speigletown. We will join in the parish hall for an activity.

**THANK YOU** to all who supported our **SOUPER BOWL SUNDAY** we donated 35 cans of soup and \$463.00. Thank you for feeding those in need.

### **CAN AND BOTTLE DRIVE CONTINUES**

Thank you for your continued support of our Bottle and Can Drive. Please consider asking neighbors and family members to collect for our youth ministry. Bags and notices will be available at all church entrances.

**Thank you for your support.**

### **LENTEN LUNCHES**

Lenten Lunches have begun. They will continue every Tuesday at noon until March 15th. These are Ecumenical gatherings for lunches of soups and breads with brief presentations by various congregation leaders.

### **SAVE THE DATES!!!! LENTEN FISH FRY DINNERS**

Come-One-Come-All to the **Transfiguration Parish Annual Fish Fry**. The Fish Fry Dinners will be every Friday during the Lenten season (except Good Friday) **The dates are March 4, 11, and 18**. You can either eat in or take out with dinners being served from 4-7 pm. Dinners will include a fish, fry, coleslaw and French Fries. Macaroni and Cheese will also be on the menu.

**Fish Dinner - \$8.50      Cole Slaw \$2.00  
French Fries - \$2.00**

**(Dinner includes Fish Fry, Fries & Cole Slaw)**

**Fish Fry - \$4.50      Mac 'n Cheese - \$4.50**

Desserts and drinks will also be available for purchase. **HELP is needed.** Please give us a few hours of your time. Sign-up sheets are available at the entrances of the churches. Also, please consider signing up to make a dessert for us to sell at the dinners.

### **Annual Super Raffle is HERE!!!!**

Feel free to call the church offices to reserve your favorite number chance during the week. Chances will be available after the masses each weekend at our North and South sites at \$100 per ticket. The drawing will take place after dinner at our Chicken and Steak Barbeque on July 17, 2016. As always the Grand Prize is \$10,000. There will also be 4 - \$1,000 and 2 - \$500 prizes. Call 235-0337 for more information.

### UPCOMING EVENTS

Please mark your calendars

3/4	<b>Annual Friday Fish Fry</b>	<b>4:00-7:00 pm S Site</b>
	<b>- runs each Friday</b>	
	<b>through March 18</b>	
7/17	<b>Chicken and Steak Barbeque</b>	<b>TBA - S Site</b>
	<b>Super Raffle Drawing</b>	<b>After dinner</b>

### **Offertory:      February 20 and 21**

**Due to a change in the bulletin publishing date we do not have offertory figures for this weekend. Look for the figures next week.**

*Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.*

We are looking for a.....

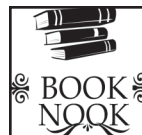
### **COMMITTEE TO PLAN A CHICKEN AND STEAK BARBEQUE**

The barbeque will take place July 17, 2016  
at the

**Transfiguration Parish**

South Site Parish Hall

The Super Raffle drawing will take place after dinner. For more information, please contact Ellie DeBonis at the church office - 235-0337.



### **The BOOK NOOK NEWS**

The Book Nook is open Saturday mornings March 5 and 19 from 9:00 am until noon. We will be open before and after the Masses the weekend of March 19th and 20th. The March half-price specials are on the following authors: **John Sanford, Dean Koontz and Fern Michaels**. Stop by and stock up on your winter reading! Donations are always welcome, but please no encyclopedias, textbooks magazines or VHS tapes. Thanks for your continued support and see you at the Book Nook!

### **HATS AND MITTENS**

We know that many of the women of the parish enjoy knitting and crocheting. We are collecting hats and mittens to be donated to our local elementary schools during the winter season. We are looking for donations of ready made and hand made items. Please help those children who might go without.

### **REMINDER!!!**

**The site of the Saturday, 4:30 pm Mass will alternate each month. In March it will be in Speigletown, for the entire month and in April the Mass will be in Schaghticoke, etc.**

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
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CHURCH NAME: **Transfiguration Parish**

CHURCH CITY: **Troy, NY**

ROUTING CODE:

RUN NUMBER:

FILENAME: **04-0527**

PHONE NUMBER: **518-235-0337**

FAX NUMBER:

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