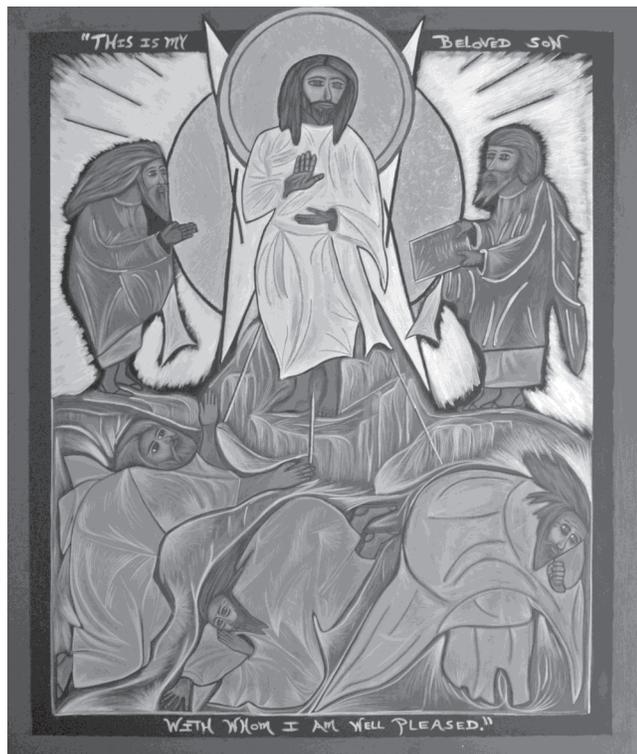


# Transfiguration Parish



## MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

## LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:	4:30 p.m.	
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

## SACRAMENTAL CELEBRATIONS

**Sacrament of Reconciliation:** By Appointment

**Sacrament of Baptism:** Usually first Sunday of the month. Please call the church office to make arrangements.

**Sacrament of Marriage:** Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

**50 Hillview Drive  
Speigletown, Troy, NY 12182**

**Administrative Offices**

Office Hours: Monday thru Friday - 9:00 a.m. - 2:00 p.m.

Phone: 518-235-0337 Fax: 518-235-8726

**17 South Main Street  
Schaghticoke, NY 12154**

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.

Phone: 518-753-4554 Fax: 518-753-0456

**Deacon Chris Keough** - Parish Life Director  
Deacon\_Chris@transfigurationparish.net

**Fr. Dominic Ingemie** - Sacramental Minister  
dingemie1@nycap.rr.com

**Deacon Charles Valenti** - Parish Deacon  
Deacon\_Charlie@transfigurationparish.net.

## EMAIL CONTACTS

**General Office Inquiries:**

general\_office@transfigurationparish.net

**Office Support:**

Mary Clemente

M.Clemente@transfigurationparish.net

Bonnie Coraldi

B.Coraldi@transfigurationparish.net

**Bulletin:**

M.Hurley@transfigurationparish.net

**Baptismal Preparation:**

Call the church offices for more information.

**Director of Religious Education:**

E.Thayer@transfigurationparish.net

**Parish Nursing and Pastoral Care:**

P.Hebert@transfigurationparish.net

**Special Activities and Fundraising:**

E.DeBonis@transfigurationparish.net

*From the Desk of Deacon Chris....***HAVE YOU READ A GOOD BOOK LATELY?**

I like to read. When I read for pleasure, I usually choose mystery or espionage type books. Tom Clancy and James Patterson are two of my favorite authors. I also like to read historical books or biographies. I am always looking for good spiritual books to read. My favorite spiritual books are ones that give me something to think about, and allow me to deepen my relationship with Jesus. It is not uncommon for me to have two books going at the same time; one for pleasure, and one for spirituality.

I just finished a book by Father Ronald Rolheiser titled, *"Our One Great Act of Fidelity; Waiting for Christ in the Eucharist."* Father Ingemie has actually made reference to this book in his homilies. I have read several of Father Rolheiser's books, and enjoy them very much because they do allow me the opportunity to reflect on the topics he writes about. Father Rolheiser is also the author of, *"The Holy Longing,"* which is the first book of his that I read, and one I certainly recommend.

Father Rolheiser makes many excellent points about the Eucharist in, *"Our One Great Act of Fidelity."* Points that we might not ordinarily think of. For instance, chapter four is titled, *"The Eucharist as God's Physical Embrace."* Father Rolheiser suggests that in Holy Eucharist, and in all of the sacraments, God touches us in ways that mere words cannot. Isn't it true that sometimes in life we not only need words, but we also need a warm embrace, a hug? In the Eucharist, Jesus embraces us with his own body and blood.

I always try to greet people after Masses, and I love saying hi to little children. I like to bend down to give them a smile, and shake their hands. Sometimes they are very shy which is fine, even some adults are shy. One Sunday, I bent down to say hi to a little girl, and shake her hand. Instead of a handshake, she gave me a nice hug! I have to tell you, her hug warmed my heart, and nearly brought tears of joy to my eyes. You know how they say we are supposed to see Jesus in everyone we meet? Well, I want to tell you that morning I saw Jesus in that little girl whose name I don't even know. That morning she was Jesus to me, and I am so grateful.

A final word on the book. In the final chapters, Father Rolheiser presents three homilies from St. Augustine on The Eucharist. In the first homily, St. Augustine says, "These things, bread and wine, are what the Lord Christ wanted to entrust to us. They are his body and blood that he shed for us for the forgiveness of sins. If you have received this well, you are what you have received." Words that we can all reflect on, **"If you have received this well, you are what you have received."** God Bless

*Deacon Chris*

***Mass Schedule & Intentions*****Saturday February 20**

4:30 p.m. Sch **William and Joan O'Hearn** The Family  
**Edgar Labrum** Dot Jackuback  
**Michael R. Gulli** The Marchese Family

**Sunday February 21**

8:30 a.m. Sch **Edna Sanvidge** Milissa Cantanucci  
10:15 a.m. Spe **Evelyn Mahoney** The Family  
**Gloria Sullivan** Walt and Paula Moran

**Robert L. Jones** The Family  
**Marion Delorey** Phil and Mary Clemente

**Susan Jensen-Morgan** Family & Friends  
**Fifth Anniversary**

**Tues. February 23**

9:00 a.m. Sch **Communion Service**

**Thurs. February 25**

9:00 a.m. Spe **Communion Service**

**Saturday February 27**

4:30 p.m. Sch **Brigitte McNiece** The Bell Family  
**Joan O'Hearn** The Family  
**Patricia Rospo** Dot Jackuback

**Sunday February 28**

8:30 a.m. Sch **Flora Cukrovany** Janet Osborn  
**Barney Cukrovany** Janet Osborn  
10:15 a.m. Spe **Gloria Sullivan** 2 x 2 Ladies  
Carol Murray The Family  
**Marianne Martin** Kay Lanoue  
**J. Michael Harrison** Walt and Paula Moran  
**Patricia Harrison-Stampfli** Walt and Paula Moran

**BRING A FRIEND TO MASS**

We all know someone who has mostly stopped going to Sunday Mass for one reason or another. Perhaps they are a family member or a friend. We make no judgements on why they are not going to Mass, but **We Want to Invite Them to Return!** So, for the week-end Masses on March 5 & 6 we are asking everyone to, **"Bring a Friend to Mass."** The Mass schedule will be the same as usual:

Saturday, March 5 @ 4:30 pm in Speigletown  
Sunday, March 6 @ 8:30 am in Schaghticoke  
Sunday, March 6 @ 10:15 am in Speigletown

During this Season of Lent, let's reach out to our friends, and invite them to join us for our Eucharistic Celebration. There will be a reception with light refreshments after every Mass.

**You can make a difference!**  
**BRING A FRIEND TO MASS!**

## This Week's Parish Announcements

### LENTEN BIBLE STUDY

Transfiguration Parish will offer a Lenten Bible Study series on four successive Wednesdays beginning February 17, 2016. The Bible Study Program will focus on the Gospel of Luke, and will be facilitated by Mr. Hugh Graber. Sessions will be interactive in nature, and will last one hour. There will be day and evening sessions allowing participants to choose the time that is most suitable. Topics will include the parables and teachings of Jesus, as well as Luke's Passion Narrative. Participants should bring a Bible to each session. Interested parties can sign up by calling the parish offices at 518-235-0337 or 518-753-4554. Registrants can also email Deacon **C h r i s K e o u g h** at [chris\\_keough@transfigurationparish.net](mailto:chris_keough@transfigurationparish.net) or Hugh Graber at [hgrab1@nycap.rr.com](mailto:hgrab1@nycap.rr.com). All sessions will be held in the Speigletown Chapel on the following dates and times:

#### Session 2

**Wednesday, Feb. 24, 2016 @ 10:30 AM**

**Wednesday, Feb. 24, 2016 @ 7:00 PM**

#### Session 3

**Wednesday, Mar. 2, 2016 @ 10:30 AM**

**Wednesday, March 2, 2016 @ 7:00 PM**

#### Session 4

**Wednesday, Mar. 9, 2016 @ 10:30 AM**

**Wednesday, March 9, 2016 @ 7:00 PM**

Thank you for your generous donations to the **Collection for the Church in Latin America**. Your support helps ensure that people have adequate catechesis, marriage and family life programs, and strong religious and seminarian formation among other programs. Thank you for taking this opportunity to share your faith. To learn more about how your donations are making a difference, please visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america).

### HATS AND MITTENS

We know that many of the women of the parish enjoy knitting and crocheting. We are collecting hats and mittens to be donated to our local elementary schools during the winter season. We are looking for donations of ready made and hand made items. Please help those children who might go without.

### REMINDER!!!

**The site of the Saturday, 4:30 pm Mass will alternate each month. In February it will be in Schaghticoke, for the entire month and in March the Mass will be in Speigletown, etc.**

### TRANSFIGURATION PARISH NURSE PROGRAM

*Pat Hebert, RN, MA, Faith Community Nurse*

(518) 753-4554, ext. 13      [p.hebert@transfigurationparish.net](mailto:p.hebert@transfigurationparish.net)

*Our mission is to model the healing ministry of Jesus Christ.*

*Our Goal is to promote health & wellness within the values, beliefs, practices of our faith community.*

#### **Nurses' Note:**

**Health Tips:** *Perchance to nap...harness the power of an afternoon snooze! As little kids and cats of all ages know, the best pick-me-up involves lying down. Instead of reaching for a triple caramel latte during the late-afternoon doldrums — a quick thrill that always backfires — try a brief afternoon nap to recharge your body and your brain. "Naps can restore alertness and improve performance," says Michelle Drerup, PsyD, sleep psychologist at the Cleveland Clinic. "They offer psychological benefits too — they can provide relaxation and improve mood." (One exception: If you have chronic insomnia, napping can make things worse.) You may not be able to squeeze in a siesta every day, even if you're lucky enough to work for a progressive company with a "nap room" (yes, they really exist). But catch a few zzz's when you can with these steps: Set the stage. While you can't force a nap, you can facilitate one. Find a dark, quiet place to lie down. Use an eye mask, earplugs, and white noise or soft music to help tune out disruptions. Keep it short. Between 10 and 20 minutes is ideal, studies show. "Longer naps can cause 'sleep inertia,'" a groggy feeling that doesn't do your mood or productivity any favors, says Drerup. Set an alarm so you don't oversleep — or worry that you might. Points out Drerup: "It can be hard to fall asleep if you are worried about waking up on time."*  
<http://www.clevelandclinicwellness.com>

### Tickets for the 2016-2017 Season PROCTOR'S THEATER IN SCHENECTADY

Please join us for:

**An American in Paris**

**October 16, 2016 - \$62.00 per ticket**

**The Sound of Music**

**April 9, 2017 - \$70.00 per ticket**

**Beautiful - The Carol King Musical**

**April 14, 2017 - \$75.00 per ticket**

Contact Ellie DeBonis at the church office 235-0337 or [E.Debonis@transfigurationparish.net](mailto:E.Debonis@transfigurationparish.net) for more information. Please be prepared to make a 50% deposit on your ticket purchase at the time of your request for tickets.

### ACCESS THE BULLETIN VIA OUR WEBSITE

The Transfiguration Parish website has been upgraded and has a 'new' look, with direct links to video, Facebook and much more. The weekly bulletin continues to be available to read and refer to each week. We invite everyone to visit the website at [www.transfigurationparish.net](http://www.transfigurationparish.net) and then type into the search bar "Bulletin". Like us on Facebook.

## Transfiguration Parish



### REMINDER No Faith Formation classes on February 21.

February 28th all sessions will gather for 10:15 Mass in Speigletown. We will join in the parish hall for an activity.

**THANK YOU** to all who supported our **SOUPER BOWL SUNDAY** we donated 35 cans of soup and \$463.00.  
Thank you for feeding those in need.

### CAN AND BOTTLE DRIVE CONTINUES

Thank you for your continued support of our Bottle and Can Drive. Please consider asking neighbors and family members to collect for our youth ministry. Bags and notices will be available at all church entrances. **Thank you for your support.**

### LENTEN LUNCHES

Lenten Lunches have begun. They will continue every Tuesday at noon until March 15th. These are Ecumenical gatherings for lunches of soups and breads with brief presentations by various congregation leaders.

### SAVE THE DATES!!!! LENTEN FISH FRY DINNERS

Come-One-Come-All to the **Transfiguration Parish Annual Fish Fry**. The Fish Fry Dinners will be every Friday during the Lenten season (except Good Friday) **The dates are February 26, March 4, 11, and 18.** You can either eat in or take out with dinners being served from 4-7 pm. Dinners will include a fish, fry, coleslaw and French Fries. Macaroni and Cheese will also be on the menu.

**Fish Dinner - \$9.00      Cole Slaw \$2.00**

**French Fries - \$2.00**

**(Dinner includes Fish Fry, Fries & Cole Slaw)**

**Fish Fry - \$4.50      Mac 'n Cheese - \$4.50**

Desserts and drinks will also be available for purchase. **HELP is needed.** Please give us a few hours of your time. Sign-up sheets are available at the entrances of the churches. Also, please consider signing up to make a dessert for us to sell at the dinners.

### Annual Super Raffle is HERE!!!!

Feel free to call the church offices to reserve your favorite number chance during the week. Chances will be available after the masses each weekend at our North and South sites at \$100 per ticket. The drawing will take place after dinner at our Chicken and Steak Barbeque on July 17, 2016. As always the Grand Prize is \$10,000. There will also be 4 - \$1,000 and 2 - \$500 prizes. Call 235-0337 for more information.

### UPCOMING EVENTS Please mark your calendars

2/22	Pastoral Council Meeting	6:30 pm	S Site
2/26	Annual Friday Fish Fry - runs each Friday through March 18	4:00-7:00 pm	S Site
7/17	Chicken and Steak Barbeque Super Raffle Drawing	TBA - S Site	After dinner

### Offertory: February 13 and 14

4:30 \$ 554.00

8:30 1,714.00

10:15 1,176.00

*Week 33 of the 2015-2016 Budget*

*Budget = \$168,172.95*

*Collection = \$155,107.69*

*Shortfall = \$13,065.26*

*Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.*

We are looking for a.....

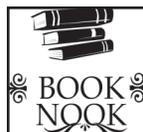
### COMMITTEE TO PLAN A CHICKEN AND STEAK BARBEQUE

The barbeque will take place July 17, 2016  
at the

**Transfiguration Parish**

South Site Parish Hall

The Super Raffle drawing will take place after dinner.  
For more information, please contact Ellie DeBonis at the church office - 235-0337.



### The BOOK NOOK NEWS

The Book Nook is open Saturday mornings March 5 and 19 from 9:00 am until noon. We will be open before and after the Masses the weekend of March 19th and 20th. The March half-price specials are on the following authors: **John Sanford, Dean Koontz and Fern Michaels.** Stop by and stock up on your winter reading! Donations are always welcome, but please no encyclopedias, textbooks magazines or VHS tapes. Thanks for your continued support and see you at the Book Nook!

### Lenten Events - Transfiguration Parish

#### Communal Penitential Services

Wednesday, March 16, 2016 - 3:00

at Our Lady of Victory, Troy

Wednesday, March 16, 2016 - 7:00

at the Speigletown Site

#### Stations of the Cross - Good Friday

Friday, March 25, 2016 - 3:00 pm in Schaghticoke

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
WILL NOT APPEAR IN THE PRINTED BULLETIN**

CHURCH NAME: **Transfiguration Parish**

CHURCH CITY: **Troy, NY**

ROUTING CODE:

RUN NUMBER:

FILENAME: **04-0527**

PHONE NUMBER:**518-235-0337**

FAX NUMBER:

EDITOR/ CONTACT: **Mary Hurley—518/235-6479 or  
518/441-0094**